PRIMARY HEALTH CARE INSTITUTE (PHCI) IRINGA, TANZANIA





INTRODUCTION

- PHCI is a health training institute and resource centre established in 1990. It is situated 492 kms from Dar es Salaam City Centre
- The Institute provides training, research and support for health services and community health programs in three regions of Tanzania.
- PHCI is the only health institute offering health promotion courses in the country out of 52 government health training institutions.
- To date about 270 students have graduated in Health Promotion, 5 of them being international students.

ESSENTIAL COMPETENCIES FOR A HEALTH COMMUNICATION GRADUATE

- Communication and Advocacy skills
- Leadership, planning and management skills
- Design of IEC materials and ICT skills
- Community mobilization and social marketing
- Social and behavior change theories
- Data collection, analysis and interpretation
- Design and conduct of operational research
- Report writing and presentation skills

COURSES OFFERED BY THE INSTITUTE WHICH ARE RELATED TO HEALTH COMMUNICATION

- Diploma in Health Promotion (Dip. HP)
- Leadership in Strategic Health Communication (LSHC)

DIPLOMA IN HEALTH PROMOTION

This is a one year course and the modes of training are:

- Classroom setting
- Field attachment
 - Students are assigned to specific villages for a period of one month where they work together with the community to identify health issues and resources and plan for interventions
 - Students leave, then return after one month for monitoring and evaluation
 - Lastly students compile a report and share it with the community while in the village and later present their reports to district authorities, tutors and the community

PHCI-STUDENTS PROMOTING ITN USE IN THE COMMUNUTY

VILLAGE HEALTH DAY AT THE MAASAI COMMUNITY





LEADERSHIP IN STRATEGIC HEALTH COMMUNICATION WORK SHOP (1)

This is a 2 week work shop

 Participants are from the district health teams (members of government and NGOs) who are responsible for health promotion activity at the District

Modes of training are:

Classroom setting
 Participants acquire knowledge and skills in SBCC through lecture, discussion, and group work

LSHC WORK SHOP (2)

Field experience

- In groups, district teams learn systematic planning steps (P-Process) using computerized software known as SCOPE to design a strategic communication intervention that they implement in their respective districts
- A team of mentors from PHCI supports the district teams to implement and evaluate the strategy for a period of six months
- The district teams report the intervention results in a public forum like Tanzania Strategic Health Communication (TASHCOM) annual meeting.

IDENTIFICATION, MANAGEMENT AND EVALUATION OF PRACTICUM EXPERIENCES

Health Promotion Course

- Institute finds practical sites in the community and identifies mentors
- Training curriculum stipulates competencies to be assessed through a practice opportunity
- Continuous Module Assignments
 - Classroom tests, assignments, end of module examinations
- Community Attachment
 - Checklist, Report

EVALUATION OF PRACTICUM EXPERIENCES

LSHC workshop

- A team of experts are invited to review the strategic communication interventions designed by district teams
- The best interventions are chosen for implementation and additional mentoring
- Field visit and Report

CAREER PATHS FOR PHCI GRADUATES

- Some graduates continue with their studies while others take positions in government service or with NGOs
- Sometimes graduates via institute collaborating partners attached and get opportunities of presenting their practical experiences and even further studies in and outside the country.

